



NEET re-exam: Students arriving a minute or two late are denied entry

Controversy erupts over hijab, forced to remove earrings and chains and buttons from clothing; student commits suicide in Hyderabad

New Delhi/ Bhopal/ Jaipur/ Lucknow(GNS): More than 22.79 lakh students from across the country took the NEET-UG 2026 re-examination. 5,440 centers were set up in 551 cities across the country and 14 cities abroad. The exam was held between 2:00 PM and 5:15 PM.

Students were allowed entry into the exam centers between 11:00 a.m. and 1:30 p.m. Two students in Mumbai and four in Bengaluru were denied entry for arriving a minute or two late.

In Bengaluru, girls tried to jump over the railing to enter, but the exam room gate was locked. In Ajmer, Rajasthan, a student wear-



ing a hijab was initially refused entry. After much debate, she was allowed inside. Meanwhile, in Hyderabad, a 19-year-old NEET student committed suicide. Her body was found hanging in her apartment on Sunday morning. Police suspect she took this extreme step due to pressure from re-exams. In a suicide note recovered at the scene, the student did not blame anyone for her death. In Hisar, a 19-year-old student drank insecticide stored at home just before her exam. Simran, from Dhani Khan Bahadur village in the Barwala area, had appeared for NEET twice.

Claim: British PM Starmer May Resign Today

More Than 100 MPs Opposed Him; Five PMs Left Office Before Completing Terms in the Last Decade



London(GNS): British Prime Minister Keir Starmer may announce his resignation on Monday and outline a roadmap for stepping down, according to a report published by The Observer newspaper. The report claimed that after consultations with Cabinet ministers, advisers and trade union leaders, Starmer concluded that it may be difficult for him to continue in office. However, according to Reuters, government sources dismissed the report, stating that Starmer remains focused on his responsibilities as Prime Minister. Reuters further reported that more than 100 Labour Party MPs have publicly stated that Starmer should either resign or announce a timeline for his departure.

Punjab Nihang Singhs Occupy Gurudwara in Uttarakhand

Servitor Held Hostage, Internet Suspended in Rudraprayag; ITBP and PAC Deployed

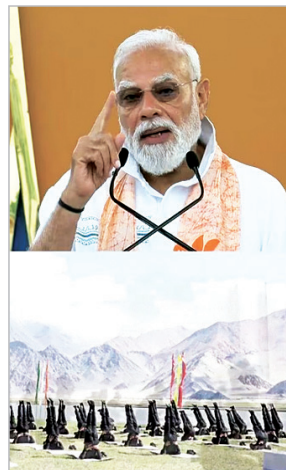
Rudraprayag/Chandigarh(GNS): Following a dispute in Karnaprayag of Chamoli district on June 16, a group of Nihang Singhs from Punjab allegedly occupied a Gurudwara at Nagarasu in Rudraprayag on Saturday evening. They reportedly took two persons hostage. As tensions escalated, one of the hostages was released, while a Gurudwara servitor continued to be held captive. Police and administrative officials rushed to the spot after receiving information about the incident. As the situation worsened, assistance was sought from security forces, following which personnel of the Indo-Tibetan Border Police (ITBP) were deployed. The situation was eventually brought under control, although tension continues to prevail in the area. Heavy deployment of police, Provincial Armed Constabulary (PAC) and ITBP personnel has been made in Nagarasu.

Yoga Power Visible from the Himalayas to the Indian Ocean

In Kolkata, Modi Says “Look 50 at the Age of 70”

Yoga Helps Achieve It, Connects Everyone; PM Performed Five Asanas and Guided Participants

Kolkata(GNS): Prime Minister Narendra Modi participated in the 12th International Day of Yoga celebrations in Kolkata on Sunday. He said that people should aim to be more flexible at 40 than they were at 20, more energetic at 50 than at 30, and healthier at 70 than at 50. The Prime Minister said yoga has become the world's largest community movement, bringing together people, nations and cultures. He noted that June 21, regarded as the longest day of the year,



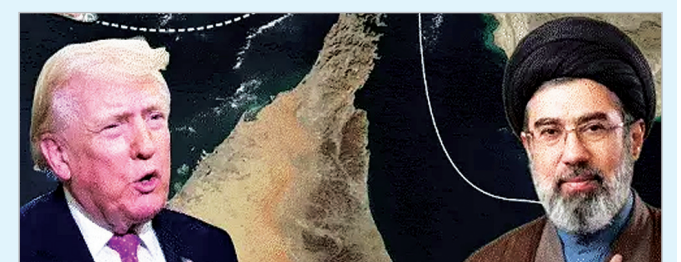
is now celebrated worldwide as International Yoga Day. Thousands of people joined the Prime Minister in performing yoga at Kolkata's historic Red Road. Modi performed five asanas, including Tadasana, Ardha Chakrasana, Bhadrasana and Trikonasana. During the Common Yoga Protocol session, he interacted with participants and was seen helping them improve their postures. The theme of the 12th International Day of Yoga was “Yoga for Healthy Ageing.” The objective of the theme is to emphasize that yoga is not only a means of physical fitness but also a way to maintain physical, mental and emotional well-being as people grow older.



Aid that modern society is struggling with imbalances in life and yoga teaches the art of living in balance. When people learn to use their bodies correctly, good health becomes a natural state. Yoga provides a path not only to physical well-being but also to mental wellness and helps individuals understand what they should and should not do. He said yoga is no longer merely a personal lifestyle choice but a necessity. On Yoga Day, millions of people connect through yoga, and everyone should resolve not to limit yoga to a single day or event. “From the Himalayas to the Indian Ocean, and from the Northeast and Bengal in the east to Saurashtra in the west, the entire country appears filled with the energy of yoga,” he said.

Trump Says US Could Impose Toll in Strait of Hormuz

Move Intended to Recover Security Costs in the Middle East



Tel Aviv/Tehran/Washington DC, (GNS): Former US President Donald Trump said in a social media post that if no agreement is reached with Iran within 60 days, the United States may consider imposing a toll on vessels passing through the Strait of Hormuz.

According to Trump, the proposed fee would help recover the costs incurred by the United States in maintaining security in the Middle East.

He clarified that no toll would be imposed on ships transiting the Strait during the proposed 60-day ceasefire period. Even after the period ends, no toll would be charged unless the United States formally implements such a measure.

Meanwhile, American and Iranian delegations have arrived in Switzerland for peace talks. The US delegation includes Vice President J.D. Vance, Special Envoy Steve Witkoff and Jared Kushner. The Iranian delegation is being led by Foreign Minister Abbas Araghchi, while Parliament Speaker Mohammad Bagher Ghalibaf is also expected to participate.

Navy Inducts Three Indigenous Warships

INS Dunagiri Equipped with BrahMos Missiles; INS Sanshodhak Can Travel 12,000 km Continuously

Kolkata(GNS): Three indigenously designed and built naval platforms—INS Dunagiri, INS Sanshodhak and anti-submarine warfare vessel INS Agray—were commissioned into the Indian Navy on Sunday. INS Sanshodhak is capable of sailing up to 12,000 kilometres without interruption, while INS Dunagiri is equipped with eight BrahMos supersonic cruise missiles. INS Agray has been designed to detect and destroy enemy submarines operating near the Indian coastline. Prime Minister Narendra Modi attended the commissioning ceremony and said India does not want to remain merely a buyer in the global defence market. He emphasized that the country's strength lies in self-reliance rather than dependence on foreign suppliers.



Gas leak at Tamil Nadu seafood factory, 2 dead

Over 65 injured, 9 on ventilators; all dead women

Chennai(GNS): An ammonia gas leak occurred at a seafood export factory in Tamil Nadu's Tiruvallur district on Sunday. Two women died and 64 workers were affected. The affected include 60 women and four men. However, a previous report by news agency PTI stated that seven female workers had died. Nine of the patients are on ventilators. Of the 64 affected



workers, 15 have been admitted to government hospitals. Another 47 workers are in private hospitals, with 24 others under observation. The gas leak occurred at the St. Peters Paul Seafoods Exports unit.

2 lakh compensation to the families of the deceased

The Tamil Nadu government has announced financial assistance of 2 lakh to the families of the deceased, and has also directed hospitals to ensure treatment for the staff admitted there.

9 patients were referred to Chennai

District Collector S. Kavitha said 46 patients were admitted to Wells Hospital and 21 to

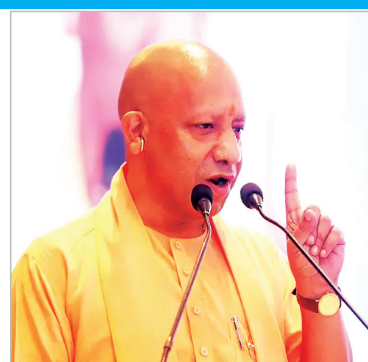
Venkateshwara Hospital. Nine of the critical patients were transferred by ambulance to the government-run Stanley Medical College Hospital in Chennai for better treatment. Most of the victims were young women aged 24 to 25. He said the patients' pulse and blood pressure are being monitored. Although many have low blood pressure, they are expected to recover given their young age.

Yogi Says Those Who Harass Daughters Will Meet Yamraj

SP Encouraged Disorder During Muharram and Eid, Restricted Kanwar Yatra and Krishna Janmotsav: CM

Mahoba/Hamirpur, (GNS): Uttar Pradesh Chief Minister Yogi Adityanath on Sunday said that every district during the Samajwadi Party (SP) government had a mafia figure who grabbed land, threatened traders and women, and attacked police personnel, tarnishing the image of Bundelkhand. Addressing a public gathering in Hamirpur, the Chief Minister said that there is no place for the mafia in Uttar Pradesh today. “The mafia are either in jail or have been eliminated. No one can compromise the safety of our daughters. Anyone who dares to do so will meet Yamraj,” he said. Yogi alleged that previous SP governments encouraged unruly behavior during

Hamirpur, the Chief Minister said that there is no place for the mafia in Uttar Pradesh today. “The mafia are either in jail or have been eliminated. No one can compromise the safety of our daughters. Anyone who dares to do so will meet Yamraj,” he said. Yogi alleged that previous SP governments encouraged unruly behavior during



Muharram and Eid while placing restrictions on

Kanwar Yatra and Krishna Janmotsav celebrations.

Appeal for Water Conservation

Referring to the delayed arrival of the monsoon, the Chief Minister remarked that although it was already June 21, the rains had not arrived as expected. He said that weather experts have warned of irregular and reduced rainfall over the

next three years due to the impact of El Niño. In view of this, he urged people to conserve water and use it judiciously. “The objective of the Har Ghar Nal Yojana is not to waste water. Ensure taps are not left running unnecessarily and prevent water theft. Use only as much water as required so that drinking water shortages do not arise,” he said. The Chief

Minister was in Hamirpur to inaugurate and lay foundation stones for 75 development projects worth more than 636 crore. Earlier in the day, he inaugurated and laid foundation stones for 88 projects worth 697 crore in Mahoba. During his visit, Yogi also offered prayers at the Gorakhgiri temple, marking his first visit there in 12 years.

Lust, anger, greed, attachment and ego – five vices versus opportunity in disaster

(Advocate Kishan)

Lust, Anger, Greed, Attachment, and Ego: Human Nature - From a Spiritual Perspective, Meaning of Opportunity in Disaster Channeling these negative energies into a positive direction. If

the emotions of lust, anger, greed, attachment, and ego are employed in social welfare, public welfare, religious support, cultural preservation, and public good, these five vices can become instruments of human upliftment and social change. - Advocate Kishan Sanmukhdas Bhavanani, Gondia, Maharashtra.

The history of human civil-

ization's development globally is not merely a history of material progress, but also a history of the constant struggle, balance, and refinement of human emotions, tendencies, and mental states. In Indian philosophy, lust, anger, greed, attachment, and ego are commonly referred to as the five vices. Religious texts, saintly literature, and spiritual traditions mention them as elements that can lead a person to downfall. However, a deeper study reveals that these emotions are neither wholly good nor wholly bad. I, Advocate Kishan Sanmukhdas Bhavanani, Gondia, Maharashtra, believe that

the concept of harnessing these five vices and turning them into opportunities can be understood as follows: Kama (desire/enthusiasm): Transform it into a passion for achieving something greater or pursuing a noble goal (such as creative work or social service) rather than lust. Krodha (rage): Transform it into a strong will to fight injustice and one's own shortcomings, rather than destroying others or oneself. Lobha (greed): Transform the greed for material things into a yearning for knowledge, good deeds, and spiritual advancement. Moh (attachment): Transform worldly

attachments into a genuine love for one's work, family, and humanity. Ahamkara (pride): Transform it from the false ego of "I am the best" to the self-confidence of "I can learn everything."

Friends, these innate powers of the human personality, whose outcome depends on the purpose and direction in which they are used. If these emotions are channeled into social welfare, public welfare, religious support, cultural preservation, and public good, these same five vices can become instruments of human upliftment and social change. Indian thought has always maintained that a person

should be evaluated not only by the emotions that arise within them, but also by the application and results of those emotions. For example, lust is not merely a physical desire, but also an inspiration for creation. Anger is not merely a means of destruction, but can also be a courage to stand up against injustice. Greed, if confined to personal self-interest, is harmful, but if it is transformed into the desire to accumulate more resources for society, it can become a vehicle for development. If attachment, instead of being limited to individuals, takes the form of dedication to culture, society, and the nation,

it becomes the basis of social unity. Similarly, if ego, instead of becoming self-obsession, transforms into self-confidence and leadership ability, it serves to guide society. Therefore, to assume that a person has gone astray upon the emergence of these emotions would be an incomplete and superficial understanding. Friends, if we compare any of these five violations with the decisions of a committee of the Maharashtra government, the recommendation to withdraw 44 cases by a cabinet subcommittee headed by Maharashtra Minister Ashish Shelar on June 17, 2026, is part of this process.

Editorial

On the right to walk on demarcated footpaths

As part of the Supreme Court's expansion of Article 21 since the 1970s, it has declared the right to walk on demarcated footpaths a fundamental right. The Bench of Justices P.S. Narasimha and Atul S. Chandurkar reaffirmed the right in a case seeking higher compensation for a five-year-old boy's death after being struck and killed by a tanker lorry in Karnataka. As motorised transport has become more widespread, the Bench noted with regret that walking has become an inconvenience, with motorists often treating pedestrians as a 'nuisance' to be tolerated or cleared. In the absence of a national law governing pedestrian rights, responsibility for pedestrian safety is split across municipal laws, town-planning statutes, and street design guidelines. As such, pedestrians are considered to be safe if they face no immediate physical harm. Most cities also lack continuous unobstructed footpaths; where footpaths do exist, they are often encroached on by parking, vendors, utilities, and construction debris, and competing pressures such as road widening work.

While a right to walk is desirable, the ideas that pavements belong to pedestrians and that they have right of way should be cultural in order to endure. Rights-based legislation in India that has sought to change public culture has had mixed success. The Street Vendors Act 2014 sought to protect vendors from harassment as under Article 19(1)(g). But in most cities, municipalities still conduct "eviction drives" while implementation has lagged because the Act requires surveys, town vending committees, and the demarcation of vending zones — processes that many urban local bodies have delayed or simply abandoned. Weak implementation has allowed informal rent-seeking by officials to persist in some cases. The new judgment is also likely to set up disputes with the 2014 Act. Second, the Cigarettes and Other Tobacco Products Act 2003 curtailed public smoking over 20 years, but not by "restitutionary remedies", as the Court has suggested for walking, but with consistent social messaging and small, immediate fines. Finally, despite strict laws and 'Swachh Bharat' mandates, the culture of littering remains because the law focuses on citizens' duty to segregate whereas the state has often overlooked its duty to collect segregated waste.

Should the RSS be accountable to the people of India

(Ram Puniyani)

Nathuram Godse, a propagandist trained by the RSS, riddled the chest of Mahatma Gandhi with three bullets simply because Gandhi believed the country belonged to people of all religions, while Godse and his parent organization, the RSS-Hindu Mahasabha, believed the country belonged only to Hindus. Hatred was spread against Gandhi and the Indian National Movement, resulting in his assassination by firing bullets at point-blank range. Because of this crime, India's then Deputy Prime Minister and Home Minister, Sardar Patel, ordered the ban on the RSS in 1948, later writing that all its speeches were filled with hatred. The ultimate consequence of this poison was that the country had to sacrifice Gandhi's precious life. This ban was lifted after the Sangh promised to have a written constitution and function solely as a cultural organization. In reality, the RSS is a political organization masquerading as a cultural organization. He first founded the Akhil Bharatiya Vidyarthi Parishad (ABVP) and later played a key role in the establishment of the Bharatiya Jana Sangh, the BJP's predecessor organization, whose new incarnation currently runs the central and several state governments. The RSS claims that its expenses are met by the Guru Dakshina (spiritual donation) it receives on Dussehra. The Income

Tax Department has, for some unknown reason, declared this source of income tax-free. It spends recklessly on its programs and shakhas (even on government land). The amount spent on its marches is kept confidential. It is said that over 100 crore rupees were spent on the construction of the RSS's Delhi office. All these massive expenses remain beyond the reach of government scrutiny.

This claim of being a cultural organization was accepted by the government and most people, and by now the RSS has expanded rapidly, establishing lakhs of shakhas and enrolling millions of volunteers. Nehru was quick to understand the nature of the RSS. But until a few years ago, no political party, including the Indian National Congress, raised questions related to these issues, leading to this organization acting arbitrarily, disregarding legal provisions and moral values. Congress has corrected this mistake in the last few years, and Rahul Gandhi, in particular, has been raising logical and legitimate questions about the RSS. He had stated that those associated with the RSS were responsible for Gandhi's assassination, for which he was prosecuted. As part of this policy of confronting the RSS, Karnataka Home Minister Priyank Kharge has now urged the RSS to register itself and become accountable to the Indian state.

In a letter dated June 13th to RSS chief Mohan

Bhagwat, he requested detailed information about the organization's legal status, financial arrangements, office bearers, compliance with tax regulations, and its activities. The RSS officially claims to have 60,000 branches in India and abroad and millions of volunteers. In a public statement, Kharge stated that this is not merely a legal requirement but also a moral one. He wrote, "Given the scale of its activities, and its widespread influence and reach, the RSS must be held to the highest levels of transparency, accountability, and compliance with constitutional provisions."

This letter has been publicly released. In his response, RSS Sarsangchalak Dr. Mohan Bhagwat stated that he was ignoring the letter and would not respond. This response suggests that Bhagwat believes he and his organization are above the law and the Indian Constitution. In any case, the RSS does not believe in the Indian Constitution. Three days after the Indian Constitution came into effect, the RSS mouthpiece, Organizer, stated in an editorial that the Constitution, drafted by Dr. Ambedkar and approved by the Indian Constituent Assembly, was not suitable for our country because it did not incorporate the glorious values of our sacred texts. Rajendra Singh, a former RSS chief, stated that the Constitution

should be rejected. Another chief, K. Sudarshan, even stated that the Constitution was based on Western values and should be replaced by one based on sacred Indian texts. The slogan "400 plus" raised in 2024 was also intended to achieve the required numbers in the Lok Sabha to amend the Constitution.

Bhagwat's assertion that his organization is above the Constitution may also be due to the fact that, although he does not hold any official position in the Indian government, he enjoys Prime Minister-level security. In response to Priyank Kharge's remarks, Bhagwat said, "We do not maintain secrecy. Our work is conducted openly." We are inviting people and telling them about ourselves. All these allegations are just political and various tactics are being used... Hinduism is not registered, and many other organizations are also not registered." The question is, did these people publicly discuss the plan to demolish the Babri Masjid?

It is worth recalling that the US Commission on International Religious Freedom (USCIRF) recently recommended that the US government impose targeted sanctions on the Rashtriya Swayamsevak Sangh (RSS). The proposed steps include freezing the organization's assets and denying visas to its members.

One argument Bhagwat made in favor of not registering the RSS was that

even Hinduism is not registered! This statement, which equates Hinduism with the RSS, is an insult to Hinduism. Hinduism has many sects, such as Nath, Tantra, Shaivism, Siddhanta, and Bhakti. The Hindutva that the RSS promotes is Brahmanism, based on caste and gender hierarchy. At the very least, this argument defies any criteria.

It's not surprising that the demand for RSS registration is being raised. What is surprising is why this demand hasn't been raised earlier. Many government officials sympathetic to the RSS's ideology are engaged in protecting its interests. The rules regarding donations and expenses should be the primary reason for the registration requirement. Similarly, the RSS's political activities, while claiming to be a cultural organization, should be considered. Furthermore, the issue of non-fulfillment of promises made when requesting the lifting of the ban should also be considered. The time has come to give importance to the Indian Constitution and Indian nationalism, and to urge not only the RSS but all other organizations that are required to do so to register.

(Translated from English by Amrish Hardenia. The author taught at IIT Bombay and is the President of the Centre for the Study of Society and Secularism.)

(These are the author's personal views, and the editor does not necessarily agree with them.)

Music is the voice of peace, compassion and humanity

(Lalit Garg)

Today's world is going through a period of unprecedented crisis. On one hand, there is the horror of war, and on the other, there is the growing fear of terrorism, social violence, mental stress, depression, loneliness, and intolerance. Science and technology have made human life more comfortable, but the peace, balance, and joy within humans are being lost. In such times, if there is any force that can reconnect humans with themselves, society, and humanity, it is music. Music is not merely entertainment; it awakens hidden emotions within humans. It is the language of the soul, reaching the heart even without words. This is why World Music Day on June 21st has become not

just a cultural event but a global celebration that conveys the message of peace, compassion, and harmony to humanity.

World Music Day originated in France in 1982. Its original objective was to ensure that music was not confined to auditoriums and stages, but rather to the streets, parks, public squares, and public life. Gradually, this celebration reached more than 120 countries. Today, this day reminds us that music is not the property of any country, religion, caste, or language, but is the shared heritage of all humanity. The greatest crisis facing the world today is not just war, but the growing harshness and insensitivity within humanity. Thoughts are violent before

weapons, and music has the power to humanize them. Music awakens compassion, love, and coexistence within humanity. Where communication ceases, music opens new avenues for dialogue.

History bears witness that wars have never brought lasting peace, but music has always healed broken hearts. Songs have inspired courage on military fronts, and music has served as the voice of humanity in peace movements. Today, when many parts of the world are grappling with conflict, music can transcend boundaries and build an invisible bridge between people. The greatest miracle of music is that it heals people from within. Modern medical science has also recognized that music not only soothes the ears

but also has a profound positive impact on the body and mind. Many studies have proved that melodious music reduces stress hormones, controls blood pressure, provides relief from insomnia and helps in reducing mental problems like depression and anxiety.

Today, millions of people around the world are struggling with mental stress and depression. Competition, hectic lifestyles, loneliness, and digital lifestyles have exhausted people from within. In such times, music acts as a medicine. This is why music therapy is being practiced in many hospitals around the world. This therapy calms the mind and instills hope and positivity. Music is not only related to health but also to creativ-

ity and innovation. Where there is music, there is rhythm in life. A rhythmless life creates stress, while music provides balance. A person who listens to music becomes more sensitive, more imaginative, and more creative.

This is why the presence of music is considered essential in literature, art, painting, dance, and other creative fields. If we look deeply, all of nature itself is a vast music. The chirping of birds, the cooing of cuckoos, the murmur of waterfalls, the music of ocean waves, the drizzle of rain, the rustling of wind, and the rustling of leaves—all are expressions of music. This music of nature teaches us that life is not about conflict, but about harmony.

Delhi Police arrests man who posed as ADM to swindle Rs 60 lakh

New Delhi,(GNS): Delhi Police has arrested a man who allegedly posed as an additional district magistrate (ADM) from Uttar Pradesh and cheated several people of nearly Rs 60 lakh by promising govt jobs and land allotments in Noida, officials said.

The case surfaced after a complaint was filed on March 23, alleging cheating and impersonation. The accused, identified as Pawan Kumar Pandey, allegedly introduced himself as "Varun Kumar Pandey, ADM, Uttar Pradesh" and claimed close links with senior officials to



win the victims' trust. Deputy commissioner of police (Central) Rohit Rajbir Singh said the accused lured the complainant and his associates with assurances of govt jobs and plots in Noida under official schemes, taking around Rs 60 lakh from them. During the probe, police analysed digital

and financial records and tracked the money trail. Using technical surveillance and document verification, the accused was identified and arrested. Police said a telephonic conversation revealed that the accused continued to impersonate an ADM posted at Lodhi Road and also claimed he served as sub-divisional magistrate (SDM) in Mehnagar tehsil of Azamgarh. Verification of phone identities linked to the numbers used by the accused showed they were registered in the name of "Varun Kumar Pandey." However, police confirmed with

the real officer - a 2015-batch provincial civil services (PCS) officer and former ADM of Jhansi - that his identity had been misused. The accused had allegedly been posing as an ADM for several years, using publicly available photographs and information of the officer from social media to appear credible. The probe also showed he received large sums through intermediaries and used the money to acquire movable assets. Police are examining the role of other associates and trying to identify more victims.

32-year-old woman stabbed to death, husband injured over parking dispute in Delhi

New Delhi,(GNS): A 32-year-old woman was allegedly stabbed to death, while her husband sustained serious injuries following a dispute over motorcycle parking in southwest Delhi's Bindapur area, police said on Saturday. The incident came to light around 2.50pm when Bindapur Police Station received a call reporting that "two-three boys" had stabbed the caller's daughter and son-in-law in the stomach, according to news agency PTL. Police rushed to the spot but found that the victims had already been taken to Deen Dayal Upadhyay (DDU) Hospital. Doctors at the hospital declared the woman, identified as Aarti, brought dead, police said. Her husband, Vicky, who also suffered stab injuries, was later referred to Safdarjung Hospital for advanced treat-



ment. During the preliminary investigation, police found that the couple had reportedly been involved in an argument with their neighbours over the parking of a motorcycle on the road. The dispute allegedly escalated, leading to the stabbing. Police identified the accused as Pappu (40) and a juvenile, both residents of the same locality. While Pappu has been detained, efforts are underway to trace the juvenile, police said.

1.4 lakh CCTVs, 51,000 jammers, 22.8 lakh candidates

New Delhi,(GNS): The NEET (UG) 2026 re-exam is set to be conducted on Sunday, with 22.8 lakh candidates across India set to appear for it. Here are the key numbers and developments ahead of the nationwide examination: 22.8 lakh aspirants to appear for NEET (UG) re-test today. Of these, over 18 lakh to take exam in English, 3.5 lakh in Hindi 5,440 exam centres in 551 cities in India; 14 abroad 95,000 examination rooms, each equipped with CCTV. 1.4 lakh CCTVs, 51,311 jammers installed 2 invigilators in every room, 10+ functionaries per centre 38,795 frisking staff, 48,448 biometric staff 40-50 security personnel per centre on average Mock drill held across country on eve of the retest Unidentified caller allegedly showed question paper on video call to a candidate in



Ajmer and an ABVP member on Saturday. Offered it for 30,000. Police probe on One Nagpur student being given exam centre in Abu Dhabi, NTA said student made the city change from his login. Local centre allotted now. Family contests NTA claim. Uttar Pradesh accounts for the highest number of candidates, with 3.6 lakh aspirants set to appear for the exam, followed by Maharashtra at 2.2 lakh. Rajasthan, Bihar, Karnataka and Tamil Nadu have each registered more than one lakh candidates. Southern states continue to have a strong representation among NEET aspirants.

Memories Linger, Uncertainty Grows

New Delhi,(GNS): While the tree-lined lanes surrounding the Ambassador Hotel in the lush expanse of Sujan Singh Park appear largely unchanged-with patrons continuing to frequent the boutique establishment - a quiet sense of uncertainty lingers after the Centre moved to reclaim the property. The uncertainty follows an eviction notice issued by the Land and Development Office (L&DO) on June 11, days after a district court judgment strengthened the Centre's claim that the hotel was built on land originally earmarked for residential use. In its June 9 order, district judge Ajay Singh Shekhawat observed that the "agreement nowhere speaks of constructing a hotel block" and held that the real estate firm had



breached the terms by constructing a commercial hotel where residential units were to be developed. For many associated with the landmark property, the legal battle has immediate, personal consequences. "I don't know about the legal intricacies regarding the establishment; like you, I will also get to know about our case status after July 23. Though yes, if it doesn't get resolved, it might affect many jobs," said Ratan Singh, who was manning the hotel's front

desk, assisting guests and overseeing staff operations. The dispute over the 7.8-acre property stretches back nearly 70 years. Its origins date to the 1940s, when the govt allotted two plots near the junction of Cornwallis and Humayun Roads for constructing residential flats for govt officials and other persons of standing. A lease agreement executed in 1945 required developer Sir Sobha Singh to build residential blocks in accordance with approved plans, which later housed his son, Khushwant Singh. The dispute formally surfaced on Jan 3, 1956, when the govt informed Sir Sobha Singh & Sons that structures on the northern plot violated the Oct 8, 1945 agreement to lease. It alleged that a public hotel had

been constructed for commercial use and that garages and servants' quarters were being misused. While the govt offered to condone the breaches subject to a revised agreement and additional charges, the company opposed the move, maintaining in Feb 1956 that all construction had official approval. In 1960, the company approached a civil court and secured a status quo order, which remained in force until 2009 in favour of the hotel owners. The matter resurfaced this year after the Centre challenged the 2009 verdict. While the southern plot remains undisputed, the govt contends that the hotel block and related structures on the northern plot violate the original terms of allotment.

Pink is power: A Softer Door to Justice Opens For Women in Delhi

New Delhi,(GNS): Twenty-two-year-old Aliyah (name changed) was among the many women who queued up at the city's newly inaugurated women's police station, hoping to find a resolution to her dowry harassment and domestic violence complaint."My complaint has been pending for the past two months and is currently at the mediation stage. It was earlier being heard at a local police station, but I was advised to approach the newly opened women's police station," she told Media. "A fresh date has now been fixed for media-

tion, and I hope something comes out of it." Also waiting outside was 32-year-old mason Rajesh (name changed), who had accompanied his family to seek help for his eight-month-pregnant sister-in-law, whom he alleged has been facing harassment from her in-laws over dowry demands. "I had earlier gone to Sarai Rohilla police station, from where I was directed here. When we went inside, the officers heard us in detail, and now we hope the matter will be resolved," he said. Such scenes marked the

second day of operations at the all-women's police station, which saw a steady stream of complainants seeking intervention in domestic and dowry-related disputes. Headed by station house officer Inspector Lakshmi Singh, the 'pink' police station has been designed with accessibility in mind. Around 60% of its staff will comprise women officers to help complainants feel at ease while reporting crimes. A dedicated play area for children has also been set up to create a more welcoming environment, especially for mothers seeking

assistance. Police said the station will also cater to female students at Delhi University's North Campus, offering an approachable space to seek help and guidance. The facility is an expansion of the district's Crime Against Women Cell. While the CAW Cell earlier handled complaints, counselling and mediation, FIRs had to be registered at the police station concerned. The new arrangement allows the women's police station to receive complaints, conduct mediation, register FIRs and carry out investigations.

DTC may start bus services at 4am on specific routes

New Delhi,(GNS): The Delhi Transport Corporation (DTC) is likely to start additional bus services at 4am on select routes, officials aware of the matter said on Saturday, citing instructions from lieutenant governor (LG) Taranjit Singh Sandhu in this regard. To be sure, the DTC already operates early morning and late night services. The bus service from Bhajanpura to Noida Sector 43 starts at 4.45 am, and the bus service from Bhajanpura to Anand Vihar ISBT begins at 6.50am, among others. "However, the latest initiative aims to increase the availability of buses during the pre-dawn hours to cater to commuters who begin their journeys well before



regular office timings. The plan is to have buses starting from 4am. These will also cater to women commuters who have to drop off their children early morning at school," an official, who did not wish to be named, said. Sandhu, during a meeting with the Delhi transport commissioner and Delhi Police commissioner, asked the former to identify routes on which services can be expanded.

Eviction scare in Delhi's Yamuna Bazaar, 60 families leave

New Delhi,(GNS): Residents of Yamuna Bazaar, staring at an imminent demolition drive, said they have received no alternate housing from government agencies and may be forced to live on the streets. Residents said Delhi Disaster Management Authority (DDMA) officials visited the area on Friday night and told people to vacate, stating that a demolition drive would take place on Saturday morning. However, no action was taken on Saturday, leaving residents confused and anxious that bulldozers may



arrive any moment. When HT visited the spot on Saturday afternoon, many residents were seen packing their belongings, while others had already done so and were sitting on the road. Multiple trucks could be seen at the site, into which people were loading their goods. "Of the 300-odd families

living here, around 60 left last night, and many more will leave tonight. Our livelihoods were tied to this area as my father is a temple priest. This is the case for many families here, so I do not know what they will do," said Piyush Sharma, 28, while helping his family load a truck. HT reached out to the chief minister's office for a comment on the latest notice, but did not get a response. The DDMA on May 7, had issued eviction notices to 310 families in the area, giving them 15 days to vacate.

32-year-old man lynched at Shahdara Railway Station

New Delhi,(GNS): A 32-year-old man died in an assault by a group of fellow passengers at the Shahdara Railway Station around 6am on Saturday, as an argument over boarding the Yoga Express on Platform No. 3 turned violent, and he collapsed, according to the Delhi Police's railway unit. Officers at the scene said that the attackers boarded the train after the assault and attempted to escape, but were apprehended at the Muzaffarnagar Railway Station in Uttar Pradesh and brought to Delhi for questioning. The names of the accused were not made public as the police were ascertaining their ages. Deputy commissioner of police (railways) B Bharat Reddy said that the Old Delhi Railway Station (ODRS) police station received information about the scuffle in which a man, Pankaj Dhama, of Baghpat in Uttar Pradesh, was injured. "Dhama was rushed to Guru Teg Bahadur (GTB) Hospital, where doctors declared him dead. A case of culpable homicide not amounting to murder was registered under section 105 of the Bharatiya Nyaya Sanhita (BNS)," he said.



Pause and Reflect: In the Age of Insta-Yoga Are We Stretching Right

New Delhi, (GNS): Not too long ago, mornings began with a yoga mat rolled out under the open sky, as practitioners stretched to the 'Surya Namaskar' in neighbourhood parks, under the guidance of a trained instructor. Today, that ritual has shifted indoors and onto screens - a quick scroll through Instagram or YouTube is all it takes to replace a scheduled session with a trained instructor. From short reels demonstrating stretches to hour-long guided routines, social media has reshaped how people - especially young professionals, students and homemakers - learn and practise yoga.

The shift became evident during the Covid-19 pandemic, when lockdowns pushed instructors and studios online. Virtual sessions not only helped practitioners maintain continuity but also introduced yoga to many who had never entered a studio.

Experts say yoga today serves as a much-needed pause button for tired urban minds. Platforms like Instagram and YouTube have helped bridge the gap between ancient practice and modern lifestyles, bringing wellness routines directly to the screens of young audiences. "In an age of burnout, people see yoga as a powerful tool for physical and mental



wellbeing. Social media mainly inspires people to begin yoga from the comfort of home," says yoga instructor Priyanka Koli, adding that it has amplified the reach, offering content with actionable steps for beginners.

However, the digital transformation of yoga has also sparked concerns among practitioners and experts.

Much of the content focuses on visually engaging postures, extreme flexibility and dramatic transformations. While these attract attention, practitioners say they risk reducing yoga to performance. Experts claim core elements such as breathwork, meditation and self-awareness often receive less attention than complex asanas that drive engagement.

The pressure to emulate advanced practitioners can also discourage beginners. Experts warn that attempting difficult poses without super-

vision may cause injuries.

"The content available online is designed for a wider audience and does not account for factors such as age, fitness level or existing health conditions. Without proper supervision, attempting complex poses can lead to injuries to muscles, ligaments and joints, and may aggravate underlying ailments," says Dr Akhilesh Yadav, director of orthopaedics and joint replacement at Max Super Speciality Hospital.

Another concern is misinformation. Social media is replete with unverified claims that yoga can cure illnesses or deliver instant

results. Health professionals caution that while yoga supports overall well-being, it cannot replace medical treatment.

"There is no such thing as a two-minute yoga or quick fixes tailored to a desk job. Much of the content online ends up misleading people. Yoga is a continuous learning process that requires proper guidance and consistency," says Ambica Sood, founder of Panchakosha Yogashala.

The challenge, according to experts, is that anyone can present themselves as a wellness expert online, making it difficult for users to distinguish credible guidance from misleading advice.

Delhi Police, CISF mark International Yoga Day at Rajghat

New Delhi, (GNS): Delhi Police celebrated International Yoga Day with a large-scale yoga session at Rajghat on Sunday, bringing together nearly 300 participants, including police personnel, CISF officials, media representatives, public representatives and citizens.

The event was attended by Additional Deputy Commissioner of Police-II Prashant Chaudhary and Deputy Commandant Harbajan Singh of the CISF, along with other personnel from the CISF and Central District Police. Officials highlighted the importance of health, fitness and overall well-being among security forces.

During the 60-minute



session, participants performed a range of yoga asanas, breathing exercises and meditation techniques aimed at promoting physical fitness, mental wellness, and emotional balance. The session created an atmosphere of discipline, positivity and unity.

A major attraction of

the event was the participation of national-level yoga sportspersons Laxmi Kohli, Priya and Shiksha, who demonstrated advanced yoga postures and encouraged participants to adopt yoga as part of their daily lives.

Limca Book of Records holder Shiv

Kumar Kohli also addressed the gathering, delivering a motivational presentation on the benefits of yoga, focusing on discipline, self-awareness and inner strength.

Radio outreach was also part of the event, with RJ Lucky and his team from 104.8 FM participated in the session and interacting with attendees to spread awareness about yoga and healthy living.

Dignitaries addressing the gathering described yoga as one of India's greatest gifts to the world, stressing its role in creating harmony between mind, body and spirit.

Delhi: Over 43,900 people avail of govt services in 2 days at Jan Kalyan Shivirs

New Delhi, (GNS): More than 43,900 residents availed of government services and welfare schemes through Jan Kalyan Shivirs during the first two days of the three-day outreach programme, with over 28,000 citizens visiting the camps on Friday alone, according to official figures.

Chief Minister Rekha Gupta said the strong public response reflected growing confidence in the initiative, which aims to bring government services closer to citizens by providing access to multiple departments under one roof.

According to the CM's Office, 28,107 people attended the camps on the second day, compared with 15,866 on the opening day, taking the total footfall to 43,973. Citizens used the camps to access welfare schemes, seek information about government services



and submit applications for grievance redressal. Trilokpuri recorded the highest turnout for the second consecutive day, with 1,349 visitors, followed by Gokalpur with 1,335 attendees. Other centres that witnessed significant participation included Savitri Nagar (1,253), East Loni Road (1,246), Rajouri Garden (1,130), Najafgarh Stadium (1,121) and Vikaspuri (1,051). Officials said citizens were able to apply for and receive assistance related to a range of services.

Passenger beaten to death at Delhi railway station, 8 detained

New Delhi, (GNS): A passenger was allegedly beaten to death following an altercation while boarding the Yoga Express at the Shahdara railway station in east Delhi, the police said on Saturday.

The victim, identified as Pankaj Dharma, a resident of Khekra in Uttar Pradesh's Baghpat district, was allegedly assaulted with punches and kicks. The incident took place at platform number 3 when a verbal altercation between passengers escalated into a physical assault.

The victim, who sustained serious injuries, was rushed to Guru Teg Bahadur Hospital, where doctors declared him dead on arrival.

A case was registered under Sections 105 and 3(5) of the Bharatiya Nyaya Sanhita (BNS)



and an investigation was initiated.

The police said eight persons were later detained in Muzaffarnagar, Uttar Pradesh. Speaking to the media, the victim's brother, Devender Dharma, alleged that a railway protection force (RPF) man witnessed the incident, but failed to intervene in time.

Faridabad man dies after drinking packaged drink to break fast

New Delhi, (GNS): A 33-year-old man from Faridabad died after allegedly falling seriously ill shortly after consuming a packaged fruit drink while breaking his fast, prompting the police to launch an investigation into the circumstances surrounding the death. However, authorities said the exact cause of death will only be known after the post-mortem report is received.

The deceased has been identified as Ankush, a resident of Hanuman Nagar in Faridabad. According to family members, he was observing a fast on Thursday and consumed a packet of Frooti along with



other family members while breaking it at home. Soon after drinking the beverage, Ankush reportedly complained of severe stomach pain and began vomiting. His condition deteriorated rapidly, relatives told the police during questioning.

Alarmed by his worsening health, family members rushed him to a nearby private hospital for treatment. Doctors there

referred him to Badshah Khan Civil Hospital because of the seriousness of his condition. After examining him, doctors at the civil hospital advised that he be shifted to Delhi's Safdarjung Hospital for advanced medical care and further treatment.

However, before he could be taken to the national capital, Ankush's condition worsened further and he died while being transported, according to his family members.

The Khedi Pul police station SHO Devendra Singh said the police received information from Sarvodaya Hospital at around 1.30 am regarding

the death. During preliminary questioning, the family informed the police that Ankush had fallen ill after consuming the packaged drink while breaking his fast. A formal complaint has been recorded and the body has been sent for post-mortem examination.

Police officials have urged people not to jump to conclusions until medical findings are available. Investigators said the post-mortem report will determine whether the death was linked to food poisoning, a pre-existing medical condition, contamination, an adverse reaction, or any other possible cause.

Delhi: Man stabbed to death in Shalimar Bagh, 1 nabbed

New Delhi, (GNS): A 50-year-old man was allegedly stabbed to death following a dispute in northwest Delhi's Shalimar Bagh area, officials said on Saturday.

The incident came to light on the intervening night of June 19 and 20 when a PCR call regarding a stabbing was received at the Shalimar Bagh police station.

After getting information, the police rushed to the spot near Jhuggi No. T-40 in Indira Colony T-Huts, where they found blood stains and



other evidence.

The victim, identified as Bijender, alias Behra (50), was taken to Babu Jagjivan Ram Memorial (BJRM) Hospital where he succumbed to his injuries during treatment.

A case under Section 103(1) of the Bharatiya Nyaya Sanhita (BNS) was registered at the Shalimar Bagh police station. During investigation, the police found that Bijender was mentally challenged. He was known for aggressive behaviour and frequent disputes with residents in the area.

Investigators said on the day of the incident, a quarrel broke out after the victim allegedly tried to attack the sister of a local resident, Adil, alias Joota.

Monsoon arrival delayed, yet to reach central India when will it reach Delhi Here's what experts predict

New Delhi, (GNS): The onset of monsoon in the national capital is likely to be delayed, weather experts said on Saturday, citing the slow progress of the system that is yet to cover parts of the country such as Mumbai, where its normal date of arrival is June 8. They clarified that the recent spells of rain and thundershowers --- more are expected in coming days --- are not part of the monsoons; they are instead an outcome of western disturbances.

In a typical year, the rains arrive in the national capital around June 27 -- but this year, that arrival may happen well into July.

"For the monsoon to progress, there should be a weather system developing over the Bay of Bengal, to pull the monsoon from the Arabian Sea. This push and pull system is almost absent this year, which means there is no triggering mechanism for the monsoon," said Mahesh Palawat, vice president of Skymet Weather.

The India Meteorological Department (IMD) stated that the monsoon was yet to reach central India as well. "Currently, the monsoon's arrival to Mumbai is also delayed. While it has reached the south, and southern parts of Maharashtra, we are expecting it to advance around June 23 to Maharashtra and other states, such as Rajasthan and Gujarat," IMD's director general, Mrutyunjay Mohapatra, said.

